(SEABIRD ISLAND STORY / NEWS PAPER)

www.seabirdisland.ca

February 2025

SQ'ÉWQEL DEVELOPMENT MAKING SQ'ÉWQEL EYÉM



SQ'ÉWQEL DEVELOPMENT PLANS AN EYÉM FUTURE FOR SQ'ÉWQEL (SEABIRD ISLAND)

The Sq'éwqel Development Corporation (SqDC), the economic and business arm of Seabird Island, recently acquired the Harrison Hot Springs Marina. Two additional investments, the Harrison Grand Motel and Pine Court Apartments, are still in progress. These acquisitions are part of the SqDC's strategy to

create new income streams and job opportunities for Seabird Island Band Members.

While the SqDC operates under the Seabird Island Band, it is a separate entity dedicated to strengthening the local economy through own-source

revenue. These latest investments mark an exciting step towards long-term economic growth and greater self-sufficiency for Seabird Island. The SqDC is eager to share more about these promising developments with the community.

Cont. pg 2 & 3



STRATEGIC ACQUISITIONS

One of the acquisitions is the Harrison Hot Springs Marina, a valuable long-term asset. As one of just over 200 marinas in British Columbia, it will provide financial and economic benefits for years to come. The 1.89-acre waterfront property features 225 slips for various boat sizes and a 4.3-hectare offshore lease, with zoning for future development opportunities.

Another key acquisition is the Harrison Grand Motel, a beach-front property with diverse opportunities. In addition to room rentals, the site includes a restaurant, an ice cream stand, and an event space for gatherings. The motel has 18 rooms, eight with kitchens, all offering lake views. It has been recently upgraded and renovated, meaning the SqDC does not have to spend much on further improvements. Instead, the focus

will be on bringing cultural relevance to the motel. We want this motel to represent Sq'éwqel (Seabird Island) —its culture, traditions, and people.

The third acquisition, Pine Court Apartments in Chilliwack, is in the prime Sardis area. The 0.92-acre property, built in 1987, consists of 36 fully occupied, double-storey units, ensuring a steady income stream. The land is also zoned for future mixed-use development.

BUILDING A SUSTAINABLE FUTURE

"These investments align with our long-term strategic plan to help Sq'éwqel (Seabird Island) become self-sufficient. Government funding is unpredictable, and to continue offering subsidized housing, essential services, infrastructure upgrades, and community programs, such as funding towards for the Youth

and Elders, we need to continue to generate alternative income sources. This is why the SqDC is playing such a pivotal role in generating sustainable own-source revenue for Sq'éwqel (Seabird Island)," said Nigel Selvadurai, CEO of the SqDC.

Nigel also adds that the SqDC is funding these acquisitions through its own-source revenue designated for investment opportunities, ensuring that no funds allocated for Sq'éwqel (Seabird Island) programs or services are used.

Cont. pg 3

Own-source revenue defined; the profits earned within an organization.

In these cases, part of the profits from the SqDC are being reinvested to create larger profits for the SqDC and Sq'éwqel in the future, while expanding our footprint!

Benefits for Seabird Island

- Reliable income streams
- Economic growth
- Employment opportunities for Band Members
- Local business opportunities and growth
- Building financial independence for Seabird Island.

MOVING FORWARD

The SqDC will continue to inform the Sq'éwqel (Seabird Island)) community as progress is made. Updates will be shared in the Sq'éwqel Sqwélqwel Pípé (Sq'éwqel (Seabird Island) Newspaper), at community meetings, and on digital platforms. Those on social media can follow Sq'éwqel Development Corporation on Facebook.

The SqDC encourages Band Members to reach out, ask questions, and share

ts'isem ~ to grow

their thoughts on building a strong, independent future for Sq'éwqel (Seabird Island).

Please reach out to Carla Pretorius at carla.pretorius@sqewqel.ca or 604-796-8055

Carla Pretorius Sq'éwqel Development Corporation

lalálém ~ houses, many houses

INDEX

Sq'éwqel Development Corporation 1-3 Strategic Acquisitions2
Executive4-6 Honouring Sq'éwqel Leaders4-5 Hamper Day6
Inter-Government Affairs7-8 Enbridge Open House7 Fitness Schedule8
Health9-11Mobile Diabetes9Health Conference10Nut Run11
Education
Infrastructure 13-14 Housing Wait-list 13 New Construction 14
Careers at Sq'éwqel14-15
Entertainment / Lifestyle16-19 Members' Businesses, We Want You!16 Sage Suggestions







HONOURING SQ'ÉWQEL LEADERS

swōqw'elh ~ traditional mountain goat-wool blanket

On January 23, Sq'éwqel came together to honour two remarkable leaders, Alexis Grace and Chuck McNeil, for their decades of dedication and hard work in shaping and strengthening the community.

Chief Jim Harris spoke about Alexis, highlighting her experience as a team leader at Seabird, on Council, at Fraser Health, and with the Stó:lō Tribal Council. Alexis was supported by her mother-in-law, who stood behind her as a receiver.

Alexis Grace has been a steadfast advocate and leader for Sq'éwqel throughout her career. Her contributions span multiple roles, from her early years working at the Band Office to serving on Council, where she played a crucial role in decision-making and community development. Even while working with Fraser Health, she remained committed

to supporting her community from afar, ensuring that Sq'éwqel's needs were heard and addressed in the broader health sector. As Co-Chair of the Sto:lo Tribal Council, she was instrumental in advocating for Indigenous governance, cultural preservation, and community advancement. Now, as the Chief Administrative Officer (CAO) of Sq'éwqel, she continues to drive meaningful change, leading with vision and dedication. Sq'éwqel is fortunate to have such a dynamic and passionate leader at the helm.

Marcie gave an informative speech about Chuck's 43 years at Seabird and the growth the community has seen under his leadership. Chuck was supported by his grandson, who stood behind him as a receiver. Chuck McNeil's contributions to Sq'éwqel are nothing short of extraordinary.

Chuck has been a key architect in the community's transformation. Under his leadership, Sq'éwqel has grown from operating out of a small trailer-based Band Office to becoming a thriving and self-sustaining organization. His efforts have helped establish a state-of-the-art Band Office, a medical clinic, a dental clinic, and a host of essential services. His vision and dedication have also played a crucial role in the development of Sq'éwqel's educational infrastructure, including the establishment of a school, high school, college, daycare, and numerous programs that continue to enrich the lives of Community Members.

Both Chuck and Alexis were blanketed for the procession and honoured during the ceremony by receiving their swōqw'elh.

The celebration served as a heartfelt acknowledgment of the dedication

and leadership of both Alexis Grace and Chuck McNeil. Their unwavering commitment has shaped Sq'éwqel into a strong, vibrant, and flourishing community.

The event was supported by local Sq'éwqel performers, including Sally Louis, her daughters, and granddaughters, who were absolutely amazing. The power of their music was undeniable—especially one granddaughter, who took the lead on her heartbeat song. Her performance was transcendent.

There were also two male groups, including Shawnrea Gabriel and his toddler, whose performance was phenomenal.

BRIDGING CULTURES

The ceremony was a vibrant and diverse gathering, incorporating cultural elements from our neighboring nations. This inclusive approach was refreshing and meaningful, as Sq'éwqel is home to members from many different First Nations. Our community's origins trace back to a time when seven separate reserves were brought together, forming the foundation of Sq'éwqel. Over the years, as our population has grown, so too has our cultural diversity, with new family groups joining from even more nations.

This diversity enriches our efforts to reclaim and revitalize First Nations culture in a dynamic and inclusive way. By embracing the many traditions that make up our community, we honor our collective heritage while we kwótl'thet of the constraints imposed by colonization.

kwótl'thet ~ struggle to get free



Sq'éwqel stands as a testament to resilience, unity, and the strength that comes from cultural exchange and shared traditions.

Community Members were invited to take part in the celebration, along with several honored guests who have played pivotal roles in the growth and development of Sq'éwqel. Many of these guests have also been

instrumental in the professional journeys of Alexis Grace and Chuck McNeil, supporting their leadership and contributions to the community. Their presence at the event was a reminder of the collaborative spirit that has helped shape Sq'éwqel into the thriving nation it is today.

Sandra Bobb, Communications Program Sq'éwqel Culture & Community Services



HAMPER DAY & QUARTERLY MEETING

The hamper day on January 15, 2025, was a great success, with all the hampers successfully distributed to the community. The packages were gratefully received by many Community Members, several of whom shared their thanks with the team and Council. Sq'éwqel Chief and Council had previously decided to set up quarterly hampers to assist Band Members as food inflation continues to rise.

The quarterly hampers coincide with the Band's Quarterly Meetings in the evening. This is also a great time to walk around the gym and collect reports

packed with information from every department and program, including the Sg'éwgel Development Corporation. At the January Quarterly Meeting, SqDC gave everyone a sneak peek at the acquisitions they were in the process of making. At each table, attendees could visit with Sq'éwqel leadership (Directors and Managers), ask questions, and receive answers. Chief and Council were also on-site and available to address questions and gather insights.

This is an open-house-style event, designed to ensure that members feel comfortable asking questions or bringing up personal concerns. It offers an opportunity for one-on-one, meaningful conversations where you are the focus, free from judgment.

We encourage everyone to pick up their next quarterly hamper on April 16, 2025, and to stay or return for the Quarterly Meeting in the evening.

> Sandra Bobb, Communications Program Sq'éwqel Culture & Community Services

áxwet ~ to give (it), share food with s-o, give s-o food, bring s-o food, pass food to s-o, give (tr.)

Mark your calendars for the next

HAMPER DAY & QUARTERLY MEETING APRIL 16, 2025



FEBRUARY 13, 2025

Sunday February 23, 2025 - NOW SCHEDULED Friday, February 21, 2025 - CANCELLED

BC Hydro will be performing work to their system in this area that requires them to temporarily disrupt electrical service throughout all Sq'éwqel.

Location: This outage will affect all homes and facilities, including the Gas Bar, schools, daycare, and all businesses on Seabird.

> **BC HYDRO HAD OFFICIALLY CONFIRMED** THEY WILL BE PROCEEDING WITH THE ORIGINAL DATE:

From: Sunday, February 23, 2025 08:30 AM (estimated) Sunday, February 23, 2025 05:00 PM (estimated)

Reason: 5 Pole Replacements

Seabird Island is looking into support and service options. Watch for future announcements

Prepare for the outage

Before the outage begins, turn off electric heaters, major appliances and unplug sensitive electronics to protect them from damage. If you rely on electric medical equipment or access doors, have a plan to maintain use.

https://www.bchydro.com/power-outages/app/outage-list-planned html#planned-521980323



P.O. Box 650, 2895 Chowat Rd. Agassiz, BC VOM 1A2 ne: 604-796-2177 | Fax: 604-796-3729 | www.seabirdisli

STÓ:LŌ BUSINESS BREAKFAST SERIES FEBRUARY 8:00 - 9:30 AM FREE TO CHILLIWACK. REGISTER (NEW HALL) Inviting Indigenous entrepreneurs, Economic Development Officers, and those in leadership positions from Indigenous communities located within S'ólh Téméxw to gain insights from Indigenous Tourism BC. Limited seating. Register now to secure your seat by calling 604-858-0009, or email bhill@stolocf.ca. Door open at 7:30 am.

Presentations start at 8:00 am sharp.

INDIGENOUS TOURISM BC



Enbridge Open House

We had an incredible turnout at the Enbridge Open House on February 12, 2025. The event brought together a diverse group of attendees, including Community Members, industry professionals, and families eager to learn more about Enbridge. It was wonderful to see so many people interested in exploring the interactive exhibits, engaging in discussions, and gaining a deeper understanding of how Enbridge operates. The enthusiasm in the room was evident, with guests asking insightful questions and participating in hands-on demonstrations.

Dinner was a highlight of the evening, offering a delicious and hearty meal that everyone enjoyed. The menu featured tender chicken, savoury meatballs, perfectly seasoned potatoes, fluffy rice, and a variety of fresh vegetables. To top it off, a beautifully arranged dessert spread provided a sweet ending to the meal. A big thank you to the talented cooks who prepared such a fantastic feast—it truly added to the warm and welcoming atmosphere of the event.

Enbridge showcased multiple interactive displays with functioning models, giving attendees a closer look at the

technology and processes behind pipeline operations. One of the most captivating exhibits was a miniature turbine, allowing guests to see the inner workings of its gears and understand how energy is generated. Another popular attraction was the scaled-down version of a "pig," a specialized device used for pipeline inspection and maintenance. This model closely resembled a small train and featured various compartments, each serving a unique function: one for x-raying the pipes for damage inside and out, several for cleaning and removing debris, and one that stored critical data. Seeing the pig up close and learning about its role in pipeline safety and efficiency was truly fascinating for many attendees.

The evening also included a 40-minute presentation featuring a detailed mini pipeline model. Using air to simulate the movement of oil, the demonstration illustrated how the product is pushed through the pipes, measured at key points, and redirected when necessary. The model even included a balloon that inflated to represent the holding tanks, making it easier to visualize how storage facilities manage pressure and volume.

Rocky, Naomi, and Pavel were fantastic volunteers, actively participating in the demonstration by showcasing how pressure works, reading the meters, and controlling shut-off stations along the pipeline. Their engagement added an interactive and educational element to the presentation, making it both enjoyable and comical for the audience.

To wrap up the evening, attendees eagerly gathered for the much-anticipated door prize draw. Excitement filled the room as two lucky winners were announced, each receiving a brand-new laptop. Everyone went home with informative leaflets, swag, and even plants, making for a memorable conclusion to a successful and engaging event.

Overall, the Enbridge Open House was a fantastic opportunity for the community to connect, learn, and gain insight into the industry. The combination of engaging displays, knowledgeable presenters, and great food made it an evening to remember.

Sandra Bobb, Communications Program Sq'éwqel Culture & Community Services



MONDAYS

In the Band Office

DROP-IN

ZUMBA

3:00 - 5:00 PM

5:30 - 6:30 PM

7:00 - 9:00 PM

For ages 16+

INDOOR SOCCER

Fitness Centre and Gym

January - March 202!

THURSDAYS

In the Band Office Gym

DROP-IN

3:00 - 5:00 PM

VOLLEYBALL / PICKLEBALL

5:00 - 7:00 PM

INDOOR SPORTS

7:00 - 9:00 PM For ages 16+

Tuesdays & Thursdays

Women's Self-Defence

CLASSES

7:15 - 8:15 PM LOCATION: MILL HALL

REGISTRATION REQUIRED BY JAN. 1, 2025.

FITNESS CENTRE SCHEDULE

ELDERS FITNESS

9:00 - 12:00 PM Monday & Wednesday

YOGA

5:00 - 6:00 PM Tuesday & Thursday

WOMEN'S FITNESS

5:00 - 8:00 PM Tuesday & Saturday

PRIDE FITNESS

6:00 - 8:00 PM Wednesday

SEABIRD ISLAND HIGH SCHOOL

10:00 AM - 12:00 PM Friday

YOUTH FITNESS

3:00 - 6:00 PM Friday



CLOSED ON Statutory Holidays



Beginner Friendly, For Ages 16+

Band Office Fitness Centre

"Seabird Mental Health – Yoga + Wellness"

for more information, updates and to sign up for classes.

Please join the Facebook Group

Gentle Flow Yoga

Every Tuesday at 5:00 - 6:00 PM Rest and Restore

Every Thursday at 5:00 - 6:00 PM



For more information, please contact Stefanie Richardson: stefanie.richardson@seabirdisland.ca

What Does the Seabird Mobile Diabetes Team Do?

The Mobile Diabetes Team serves First Nations communities across Southern BC and Vancouver Island by providing diabetes-related care and education.

Services Offered:

Assessment and Education

- We assess your health by collecting your medical history, measuring height, weight, and blood pressure, and taking small blood and urine samples for analysis.
- This program complements existing health services in your community.

Personalized Counseling

 Based on your test results, we offer one-on-one advice to manage your condition. This includes medication support and practical tips for improving your health.

Test Results and Follow-Up

 A copy of your test results is sent to you, and a detailed report is sent to your primary care provider.

Diabetic Foot Exams

 We perform foot exams to identify concerns and recommend addressing them with your local healthcare team.

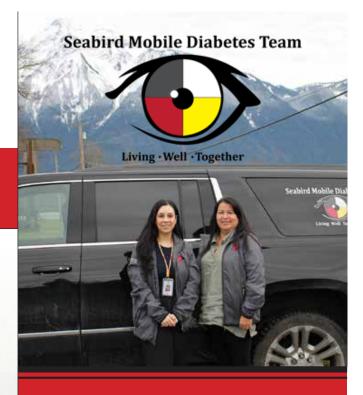
Guidance for Additional Support

 We are able refer you to dietitians and send relevant diabetic information to your family doctor.

Free Services

· All our services are provided at no cost.





Our Mission

To improve the quality of life for First Nations people living on-reserve and avoid long-term issues.

For additional details regarding the Mobile Diabetes Clinic or upcoming tests in your area, contact the main office at Seabird Island.

Areas of Focus:

- Diabetes prevention and management.
- Point-of-care blood and urine testing (e.g., ACR screening).
- Clinical foot exams.
- · Medication reviews.

What We Have Been Up To:

- Recent partnerships with Helicopters without Borders.
- · And Vision Loss Rehabilitation Canada.

Team Leads

Lerinda Wright

Home Care Nurse, Diabetes Educator 604-796-7088 or lerindawright@seabirdisland.ca

Pamela Kalia

Licenced Practical Nurse, Diabetes Educator 604-796-2177 or pamelak@seabirdisland.ca

Sq'éwqel (Seabird Island Band)

Saturday, February 22, 2025

Location: **Band Office Gym**

Times:

9 AM Registration

Event: 9 AM - 7 PM

5:30 PM Comedy Show



For more information please contact: 604-796-2177

Or Tash Peters at: tashpeters@seabirdisland.ca

> Registration and more information to follow.

MC:

TBA

GUEST SPEAKERS:

TBA

Meal Prep Done Easy:

TBA

Diabetes:

TBA

Rotating Group

HEALTH SESSIONS:

- Traditional Medicine
- Reiki
- Fitness
- Nature Bath (dress for weather)
- Smudging
- Yoga
- Sound Healing
- And More

COMEDY SHOW



Beverly O'Neil



Jiovanni Beltran



Keith Nahanee



NUT RUN

"COMMUNITY NUTRITION WALK / RUN"

Sg'éwgel (Seabird Island Band)

March 14, 2025

5151:000 AM

Starting line is in front of the Band Office.

Staff and community participation is encouraged.





5km and 10km options.

The route is from the Band Office to Gas Bar and back.

If you would like more information, please contact Jaime Peters:

604-798-1160 jaime.peters@seabirdisland.ca



Please scan the QR code or type in the link, to fill out the form to register.

https://docs.google.com/forms/d/e/1F AlpQLSdvLLEQ7ARnB0fC9hRpyAXZvM4_ fUt5J9baMzyAHG8a wezMA/viewform





Standing Together Against Bullying: Qá'lq stl'pí:wel swáyel ~ Pink Shirt Day

On February 26, 2025, our community will once again come together to recognize Pink Shirt Day, a national movement to stand against bullying and promote kindness, inclusion, and respect. This important day reminds us of the power we have to create positive change by speaking up against bullying and supporting those who need it most.

éy mestíyexw ~ be a good person

Bullying can take many forms, including physical, verbal, social, and online harassment. It affects individuals of all ages, leading to emotional distress,

mental health challenges, and, in some cases, lifelong impacts. As a community, we must work together to prevent

sts'íts'exwtel

Be considerate of each other

bullying by fostering environments of respect and inclusion.

Encouraging Acts of Kindness: Small acts, such as including someone in a conversation, offering words of encouragement, or standing up for a peer, can make a significant impact.

tskwíkwemel ~ Pink

Lexwe'éywelh ~ Always be kind!

We encourage all Community Members to participate in Pink Shirt Day and continue the conversation about kindness and respect beyond February 26. By working together, we can create a safer, more inclusive environment where everyone feels valued and supported.

Let's stand up, speak out, and wear pink with pride. Every action counts in the fight against bullying!

Let's use our voices to uplift, support, and strengthen each other.

Sandra Bobb, Communications Program Sqëwqel Culture & Community Services



SQ'ÉWQEL EMPLOYMENT SERVICES CAREER FAIR

We invite everyone to attend the Sq'éwqel Employment Services Career Fair on March 12, 2025. This event is open to the public and offers a fantastic opportunity to explore education and employment pathways.

Whether you are a student, a job seeker, or considering a career change, this is your chance to connect with industry professionals, learn about training programs, and discover new opportunities.

syó:ys ~ work

We encourage you to bring your résumé, as some exhibitors will be actively recruiting. Don't miss this chance to take the next step in your career!

Sandra Bobb, Communications Program Sqëwqel Culture & Community Services



Sq'éwqel Housing Wait-list

	1 Bedroom		2 Bedroom		3 Bedroom
1	1 01172023-7093		1 12102018-6014		12192012-3076
2	10182023-7116	2	01072020-7031	2	01142015-1011
3	11032023-7110	3	01092021-7061	3	12102018-6014
4	11082023-7127	4	01172023-7093	4	01072020-6024
5	11152023-7124	5	11022020-5051	5	01072020-0024
6	-	6		6	
	01012024-7140		12232020-7056	7	12232020-7056
7	05282024-7154	7	05022023-7105		01092021-7061
8	01142025-7164	8	06152023-7028	8	12192021-7070
9	12122023-7131	9	01042024-7137	9	01092020-6000
SPRING HOME		10	06282024-7154	10	11272018-5024
CARE TIPS:		11	06032024-7152	11	01182023-7094
		12	08092024-7157	12	08202019-7034
• Clean the windows		13	10242024-7161	13	05172023-7106
(inside & out)		14	12182018-5014	14	06152023-7118
 Remove leaves and debris from gutters and down 		15	01132025-7163	15	09232023-7123
spouts, ensuring they are		. lá:lem ~ house		16	12062022-7091
secure to the house				17	12142023-7132
 Clean window and door 				18	12292023-7136
screens				19	01042024-7137
Wash the siding		lilílem ~ little houses		20	07032023-7102
Repair caulking & window		sqemqémél ~ pit-house		21	01152024-7142
stripping				22	06032024-7152
Repair door seals				23	07232024-7155
• Change the furnace filter		tháyeltxwem ~ to build a house		24	09202024-7158
• Clean shower heads to remove mineral deposits				25	11012024-7163
 Clean the inside of the dryer 				26	12182018-5014
hose and vent with a vacuum		thíyest te lálem ~ to clean the house		27	01142025-7165
Wash the baseboards				28	01152025-7165
Wash all door handles,		t'ó:kw' ~ to go home		29	02082013-3084
cupboard and drawer handles				30	01132025-7163
Wash all light switches		á:lwem ∼ staying home		31	01132025-7167
				32	10032022-7077
				22	



Exciting News - Even More New Construction Has Begun!

We are excited to share that construction has officially started on Pipehom Rd. as we break ground for additional Elders' homes. These new residences will be located behind the soon-to-be-completed Culture Building on Chowat Rd., further enriching our community with much-needed housing for our cherished Elders.

This project reflects our ongoing commitment to ensuring our Elders have safe, comfortable, and culturally connected spaces to call home. By providing accessible and thoughtfully-designed housing, we aim to support their well-being and strengthen intergenerational connections within Sq'éwqel.

Stay tuned for updates as construction progresses—we look forward to celebrating another important milestone with the community!

Sandra Bobb, Communications Program Sq'éwqel Culture & Community Services

CAREERS AT SQ'ÉWQEL

COMMUNITYINFRASTRUCTURE

CAPITAL PROJECTS MANAGER

Provides culturally informed leadership for managing and overseeing capital construction and renovation projects. This role involves coordinating with various departments to ensure projects are completed effectively, on time, and within budget. Engaging with the community to align projects with the values and cultural needs of Community Members is central to this position.

EXECUTIVE ASSISTANT COMMUNITY INFRASTRUCTURE

Provides culturally informed administrative support to leadership and stakeholders. This role involves multitasking of managing the Director's schedule, coordinating meetings, preparing agendas, and maintaining confidential records and documents. The Executive Assistant will also assist with financial tracking, deadline monitoring, and ensuring the smooth operation of daily administrative tasks while supporting the Director in delivering efficient and effective services for the community.

LANDS ADMINISTRATIVE ASSISTANT (TERM)

Provides culturally informed administrative and clerical support to Community Members and the Lands Department. This role involves assisting with land transactions, maintaining accurate records, preparing reports, coordinating meetings, and ensuring compliance with relevant policies and regulations. The Lands Administrative Assistant will also engage in community relations activities to support clients and the broader community in understanding lands related processes and services.

LANDS PROGRAM MANAGER

Provides culturally informed land management and administration Lands Registry, Land Code, Land Use Plan, transfer/lease agreements and related policies and procedures to regulate the land use, to obtain the highest benefit of land use and preservation for members. This role involves developing, implementing, and monitoring land use plans, negotiating agreements, and overseeing regulatory compliance. The Lands Program Manager will also engage in community relations activities to support members and promote sustainable land use.

PROJECT MANAGER

Provides comprehensive project management services to the organization, government partners, and internal teams. This includes planning, coordinating, and executing projects to improve housing and essential infrastructure, ensuring compliance with safety regulations, and maintaining strong communication with stakeholders.

CULTURE & COMMUNITY SERVICES

JOURNALISM WRITER & EDITOR

Create and edit promotional materials, coordinate and research articles for the Sq'éwqel Sqwélqwel Pípé (newspaper), Facebook, and websites, as well as proofread and edit organizational documents.

EARLY CHILDHOOD DEVELOPMENT

CULTURAL EARLY CHILDHOOD EDUCATOR

Bring culture and the Halq'eméylem language further into programs and combine cultural practices with prevention strategies to support, connect and grow families. The Early Childhood Cultural Educator will use a holistic and traditional approach, grounded in First Nations understanding of family, kinship, and interconnectedness, to address gaps and strengthen community connections.

ECD FAMILY ENRICHMENT AND WELLNESS COORDINATOR

Brings subject matter expertise to guide and support families and staff. This role is essential in informing unique approaches that empower and strengthen families. Family Enrichment & Wellness Coordinator will be responsible for documenting and developing a case management system to support team functions, as well as contributing to future vision and planning with jurisdiction.

PATHWAYS AND ACTIVITIES COORDINATOR (EARLY YEARS TO YOUTH)

Provides culturally informed activities for children (ages 6-12), Youth (ages 12-18), and families. This role involves planning, organizing, and attending outings and cultural events, fostering connections between participants, and supporting their progression through developmental transitions. The Coordinator will also engage in community relations activities, building strong relationships to support clients and the broader community.

SCHOOL'S OUT ASSISTANT

Provides various activities that promote physical activity, healthy eating and nutrition, positive personal development, and wellness to support elementary and primary school aged children and families in our community. The School's Out Assistant will also engage in community relations activities to supporting clients and the community.

CAREERS AT SQ'ÉWQEL

This is a part time position working Monday - Friday 2:00-5:30рм with full time hours available on Pro-D Days, Spring Break and Christmas break.

EDUCATION

ALTERNATIVE PROGRAM TEACHER

The Seabird Island alternate education program will focus on the social, cultural, educational, mental, and emotional needs of students who need a different approach to learning to be successful. The goals of the program are that all students achieve a certificate of graduation and successfully transition to post-secondary training and / or employment.

We are looking for a caring teacher who believes in every student's capacity to learn and who knows that relationship building is key to student success. The staff will spend extra time encouraging and supporting students' efforts to overcome barriers to learning.

YOUTH AND YOUNG ADULTS PROGRAM MANAGER

Provides culturally informed leadership and oversight of programs designed to serve Youth and young adults. Programs include culturally responsive activities, meaningful outings, and workshops designed to build life skills, resilience, and community connection. The Youth and Young Adults Program Manager will also foster strong relationships with community partners, funders, and stakeholders while developing and implementing prevention-focused programming that strengthens connections with at-risk Youth and young adults.

FINANCE & **ADMINISTRATION**

GRANTS, PROPOSALS, AND STRATEGIC WRITER

The Grants, Proposals, and Strategic Writer will work collaboratively with various teams throughout the organization, assisting in finding grants or funding opportunities and ensuring successful implementation and reporting. The Grants, Proposals, and Strategic Writer provides function in the implementation of projects as directed including creating and managing proposals for projects and implementation of operational delivery models that will achieve optimal outcomes.

PRIVACY AND CONFIDENTIALITY STEWARD

Evaluates and provides recommendations with respect to information privacy strategies including the development of privacy policies, procedures and processes for both new and existing initiatives and guides the

organization in meeting legal, ethical, and community expectations regarding privacy and confidentiality. This role aligns with the principles of reciprocity, trust, and community accountability, reflecting First Nations values in all aspects of privacy management. The Privacy and Confidentiality Steward will safeguard information, support access and disclosure in a culturally appropriate manner

RECORDS PROGRAM TEAM LEAD

Oversee daily operations of the Records Program, including work planning, task assignments, and supporting staff to achieve program objectives. This role involves assisting in the development and implementation of records systems, updating policies and retention schedules, and ensuring adherence to best practices in information management. The Team Lead will foster collaboration among team members. maintain confidentiality, and promote effective communication with internal and external stakeholders, aligning all actions with Seabird Island's mission and values.

HEALTH & SOCIAL DEVELOPMENT

COMMUNITY HEALTH REPRESENTATIVE

Primary goals are to improve the quality of life of the Seabird Island Band Community Members by assisting them to make healthier lifestyle choices; promote client dignity, independence, comfort, mobility, personal appearance, and safety; and to provide support to the Community Health Nurse(s) (CHN) and/or Home and Community Care (HCC) Nurse. These goals are to be achieved by using professional public health knowledge.

DATA PROTECTION NAVIGATOR

Provides culturally informed guidance and support to individuals whose personal information has been compromised due to the FNHA data breach. This role involves working directly with affected clients to help them understand the breach, mitigate risks, and take the necessary actions to protect their personal information. The Data Protection Navigator will also engage in community outreach and support activities, ensuring that all affected individuals receive the assistance they need during this difficult time.

NUTRITION AND MEALS COORDINATOR

Provides culturally informed meal planning and nutritional support to other programs. This role involves developing easy-to-follow cook-at-home menus, providing back-up coverage for cooks throughout the organization and overseeing the Meals on Wheels

Program. This position emphasizes the importance of traditional foods, holistic wellness, and community support through active engagement in community relations to support clients and the broader community.

ON CALL RECOVERY HOME SUPPORT WORKERS

Will be a part of an integrated team of individuals that works closely together in a residential setting to provide crisis intervention, coping strategies, education, connections to community services, and support to individuals affected by mental illness, addictions, trauma, and crisis.

Promoting recovery, stabilization, and independence by providing comprehensive support to clients. The R.S.W. supports and promotes the following: client safety, assisting with activities of daily living, and encouraging full participation in community activities included but not limited to cooking, cleaning, charting, participating in group sessions, driving, and shopping.

PART TIME RECOVERY HOME SUPPORT WORKER (WEEKENDS)

Promotes recovery, stabilization, and independence by providing comprehensive support to clients. The R.S.W. supports and promotes the following: client safety, assisting with activities of daily living, and encouraging full participation in community activities included but not limited to cooking, cleaning, charting, participating in group sessions, driving, and shopping.

HUMAN RESOURCES

HR GENERALIST (TERM CONTRACT)

Provides culturally informed support for a wide range of HR functions. This may include, but is not limited to, the implementation and interpretation of the policies, programs and procedures, recruitment, employee relations, compliance, reporting, expenses, documentation, promoting organizational values, and supporting employees and management in creating a positive workplace culture. The HR Generalist will also engage in community relations activities, supporting both clients and the broader community by ensuring Human Resources practices reflect our mission and values. This is a term contract position with an end date of March 31st, 2026.

INTER-GOVERNMENT **AFFAIRS**

PROJECT AND DIVISION MANAGER

(INTER-GOVERNMENT AFFAIRS)

Have a background in Biology or other manage all Seabird-led environmental projects off reserve, Major Referrals and the Divisions/Teams for Fish. Wildlife, Natural Resources and Referrals. They will work closely with external environmental consultants, government representatives and Seabird Island Technical Staff to ensure projects are well-designed and adhere to technical and regulatory requirements. Projects may include construction, environmental management, contaminated sites investigations and remediations, aquatic habitat restoration, and environmental assessments involving surveying and monitoring.

The Project Manager will have a background in Biology, other **Environmental Science or Project** Management and be able to provide the knowledge required to advise on environment-related matters or projects. Previous work in leading projects for a First Nation Community will be considered an asset.

They will be required to delegate tasks, manage budgets, problem-solve, communicate effectively, and prepare reports, proposals, summaries, and work plans. The Project Manager will build important relationships with a range of internal and external partners throughout the region including federal and provincial governing bodies. They will advocate for First Nations fisheries and lobby Indigenous Rights as they relate to traditional territory and natural resources under Section 35, UNDRIP, and DRIPA.

Leadership skills are key as this individual will be responsible for leading the Fish, Wildlife, Natural Resources and Referral team to ensure that the program is actively working to meet the Nation's goals and is upholding its values.

LABOUR POOL

Offering a unique opportunity to perform a wide variety of on-call tasks that support our operations. This role allows you to build new skills and earn supplemental income, while contributing to the growth and development of the community.

You are invited to submit a cover letter, resume and 3 references. https://www.seabirdisland.ca/careers/

We regret that we will only respond to those applicants chosen for an interview.

Email: humanresources@seabirdisland.ca.

We thank all applicants for their interest.



MEMBERS' BUSINESSES, WE WANT YOU!

We are excited to announce that we have space for **10** business card-sized (2"x3.5") advertisements in the next issue of the Sq'éwqel Sqwelqwel Pípé! This is a fantastic opportunity to showcase your Community Member businesses and highlight everything you bring to our community.

SUBMIT YOUR 2" X 3" ADVERTISEMENT

by February 1, 2026, to comm@seabirdisland.ca for a chance to be featured in the January issue of the Pípé.

Share Your S<u>x</u>wō<u>x</u>wiyám With Sq'éwqel

We are always on the lookout for a great **s**<u>x</u>wo<u>x</u>wiyám (*story*)! If your interested, we would be delighted to interview you and include a photo, alongside your story. You are already an inspiration for other members, so let us help share your gift!

For inquiries or more details, please contact the Communications team at 604-796-6838 or email comm@seabirdisland.ca

We look forward to showcasing your sxwoxwiyám!

Xólhmet te mekw'ewát

Taking care of the people.

We Hóyeqwt (Invite) Members' Achievements

Hóyeqwt ~ invite him/her

We warmly invite all Community and Band Members to share your achievements and celebrate your children's milestones with us. Let's lift each other up and inspire one another!

Sq'éwqel eyém! (Seabird Strong!)

Sharing your accomplishments strengthens our people and helps create a more connected and united community. Whether your achievement is personal, academic, professional, or cultural, we want to celebrate your success and share it with the community in our monthly newspaper—complete with your photos!

Send your accomplishments to: comm@seabirdisland.ca with the subject line "Accomplishments."

We are smath'el (proud) of every one of you!

xwóxwelx ~ To hoist, lift up

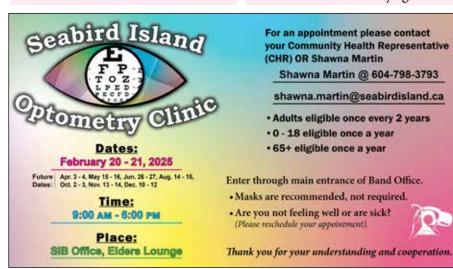


ts'lhá:met ~ to hear it

qw'ō:l ~ ear

Kw'étslexw ~ to see it

shxwetoleólestel ~ eye glasses



SAGE SUGGESTIONS Sandra Bobb, Communications Program, Sq'éwqel Culture & Community Services

A COLUMN FOR CLEANSING, CLARIFYING, ENLIGHTENING AND SOOTHING FUN.

TAKE THE BULL BY THE HORNS.

Sometimes growth happens when you least expect it. Life doesn't wait for anyone. Don't let it pass you by. Seize opportunities as they come and pursue your dreams—you never know when the next chance will come your way.

"Don't Let The World Pass You By" by Jean-Luc Ponty

Don't let others hold you back. Sometimes, people resist change because they're not ready, or you might assume they aren't ready. Either way, by allowing yourself to grow and embrace change, you set an example for others.

Your growth can inspire them to grow and adapt as well.

Change, though intimidating, is often for the better. It's like teaching a child to walk. At some point, you have to let go and trust that they'll learn, grow strong, and become independent.

In the past I have made the mistake of unintentionally letting others hold me back. There were opportunities I didn't take because I worried, they weren't ready or about how they might feel or respond to the change, as it would affect them too. For years, I regretted those

ts'ísem ~ To grow

missed chances because they never came back. Living with the regret of "what could have been" is a heavy burden.

Now, a new opportunity has come my way. It's not the same as the one I missed, but it has the potential to lead to something even greater. I've learned from my past, and I'm determined to embrace every opportunity that comes my way. Growth happens when we step out of our comfort zones and move toward the unknown.

THE MONTH OF LOVE

With Anti-Bullying Day, Family Day and Valentine's Day all falling in February, this month has truly become a celebration of love in all its forms.

Remember to share your love with the world.

Love should never be withheld out of spite or used as a bargaining tool. True love is all-encompassing and kind. As Alannah Myles sings, "Love is what you want it to be."

LUCK BE MY LADY

As we march into March and start looking for St. Patty and that pot of gold at the end of the rainbow, remember to take some time to enjoy family.

Spring break is in March this year. Have you made plans to spend time with your children, Youth and Elders? Time flies so fast when they are growing up—before you know it, they'll be adults. The time you spend with them now will be memories they carry for the rest of their lives.

Love is a powerful force—deep, stable, and selfless. It fosters growth, security, and mutual respect. It is often regarded as one of the most important aspects of life, and our happiness is deeply connected to both giving and receiving love.

Love is not limited to romantic relationships. It extends to family, friends, and even the kindness we show to strangers. Expressing love—whether through words, actions, or small

Éywelh ~ Good-natured, kind-hearted

gestures—demonstrates care and strengthens relationships. A simple "I love you" or an act of kindness can make a world of difference.

Even when disagreements arise, take a step back and appreciate the people around you. It is a rare and precious gift to have family and extended family close by. Instead of focusing on small conflicts, cherish those connections. Life is too short to let love go unspoken.

xe'óthel ~ four -- sch'ó:lha ~ leaf -- lhō:me ~ clover

I recommend taking a few days off work to do something as a family. Whether it's a day at home with no devices or screens, a day trip to White Rock or a few nights in Whistler or the Okanagan, everyone in the family will cherish this time forever. We all remember the simple moments just as much as the big trips—all they really want is your dedicated time and attention.

I still make sure to set aside time with my boys at least once a week. Even though

they are adults now, we all need each other. The support systems we build help keep us grounded and remind us how much we love one another.

Don't forget your Elders, they want to spend time with you just as much as you want to spend time with your kids.

The true pot of gold at the end of the rainbow is the wealth we have in our family. It cannot be measured in money or gold—it is far more valuable!



SIX THOUSAND MORE FOR FOOD, THIRTY THOUSAND MORE FOR A BIGGER CAR SO IT HAS ROOM ENOUGH, AND HUNDRED THOUSAND MORE FOR AN ACERAGE SO IT CAN RUN AROUND.

Reference: https://mooselakecartoons.com

FEB - TEMT'ELÉMCHES

"Time when hands stick to cold"

Aquarius

Jan 20 - Feb 18 Otter - Sq á:tl

Direction: North - North East Element: Air – Stone: Turquoise Strengths: Forward thinking, rational, self-respecting, complex and changeful, a humanitarian, creative and curios as well as very helpful.

MARCH - WELEKE'ES

"Little frog season"

Pisces

Feb 19 - March 20 Wolf - Steqó:ye

Direction: North East **Element:** Water – **Stone:** Jade

Strengths: You know what you're feeling at all times. You can perceive your emotions at all times without having to dig too deep to find them. You are also in tune with the emotions of others around you.

INSPIRATION:

"Though February is short, it is filled with lots of love and sweet surprises."

— Charmaine J. Forde

"Let February remind us that even in the coldest of times, growth is still happening."

- Author Unknown

"Be patient with yourself. Self growth is tender. It's holy ground. There's no greater investment."

- Stephen Covey

WORD LIST:

- 1. tl'atl'itel swayel valentines day
- 2. tselhsq'áleq'o family
- 3. <u>x</u>e'óthel four
- 4. sch'ó:lha leaf5. lhō:me clover
- 6. Stľítľel love, like
- 7. temkw'éyles spring
- 8. ts'ísem to grow
- 9. éywelh good-natured, kind-hearted
- 10. xwóxwelx to hoist, lift up
- 11. hóyeqwt invite him/her
- **12. syó:ys** work
- **13.** tskwíkwemel pink
- **14. áxwet** to give (it), share food with, give food, bring food, pass food to, give
- 15. sts'íts'exwtel be considerate of each other
- 16. éy mestíyexw be a good person
- 17. shxwóxwoltel lift each other up (lighten, gently raise)
- 18. Lexwe'éywelh always be kind!
- **19. othet** respect
- 20. swoqw'elh traditional mountain goat-wool blanket

HALQ'EMÉYLEM WORD SEARCH Created by Sandra Bobb

S H X W X W O L T E L N T T S E L H S Q L E Q O E S S Y X S S L L S A R P X K T Y Y W K C H F L L E W W S S M L X X H M X X E C K E T E M K W Y L E S V S W X L S X Y W E L H L T T E W S T L W H Q L E A S L M T X Y T T E W G X W S T E E S E E X T E S W E L L L L E X W E Y W E L H M E E X S W Q W E L H T W M L X Q X F O E E Y O H W L A W

Sq'éwqel Sqwélqwel Pípé

DEADLINES

Submissions and advertisements are due by the 1st of each month.

HAVE A STORY IDEA?

Contact: comm@seabirdisland.ca

LETTERS TO THE EDITOR

Must be under 300 words and include your name, phone number, status number, signature (for authentication purposes- not for publication), as well as date/year submitted.

AGREEMENT/LEGAL

It is agreed by any display or classified advertiser requesting space that the liability of the paper in the event of failure to publish an advertisement shall be limited to the amount paid by the advertiser for the portion of the advertising space occupied by the incorrect item only and that there shall be no liability in any event beyond the amount paid for such advertisement. The Sq'éwqel shall not be liable for any slight changes in typographical errors that do not lessen the value of an advertisement.

Editorials are chosen and written by Sq'éwqel (Seabird Island) staff, they are the expressed opinion of the staff and do not necessarily reflect the views of Sq'éwqel (Seabird Island).

WE RESERVE THE RIGHT

to revise, edit and/or reject any advertisement or story submissions.

COPYRIGHT

Permission to reproduce wholly or in part in any form whatsoever must be obtained in writing from the publisher. Any unauthorized reproduction will be subject to recuse law.

AVAILABILITY

The 15th of each month (or closest business day). Apply for email distribution or pick-up at the red Community newsletter boxes. www.seabirdisland.ca/sqewqelsqwelqwel-pipe/

CONTACT US

comm@seabirdisland.ca www.seabirdisland.ca/comm/ Monday- Friday 8:00 AM- 4:00 PM Closed on all statutory holidays.

CREATED AND PRODUCED BY THE SIB COMMUNICATIONS TEAM:

Sandra Bobb; Ciara Busby; Kristy Johnson; Zorana Edwards-Shippentower; and Quentin Charlie

PUBLISHER & TEAM SUPERVISOR:

Sandra Bobb

EDITOR & MANAGER:

Roy Bedford



SEABIRD CHURCH

Mass: To be confirmed

Study Groups: To be confirmed

Contact To be confirmed

LOVED ONE PASS AWAY?

We can help you send a copy of the death certificate to the First Nations Health Authority. Contact Shawna Martin 604-796-2177.

FUNERAL PAMPHLETS

Creating pamphlets from our catalogue or custom pamphlets.

NEW - As per Seabird Funeral Policy, Sq'éwqel supplies 250 colour funeral pamphlets, as well as 1 hour of design time FREE for all Band Members. Additional design time, pamphlets or special paper can be requested for a small fee.

We also assist with pamphlets for non-Band Members, enquire for fees.

Contact Communications at 604-796-2177 or email comm@seabirdisland.ca.

WILDSAFE BC CONSERVATION

To report animals who pose immediate threat or danger to public safety. 1-877-952-7277 or #7277

SIFD FIRE PRACTICE

Tuesdays 7:00 - 9:00 PM
Now recruiting new Members.
Contact the Fire Hall 604-796-2177.

GARBAGE SCHEDULE

CURBSIDE PICK-UP OF COMPOST, RECYCLE and GARBAGE:

Every Monday, unless Monday is a statutory holiday, then pick up will take place on the Tuesday immediately following the holiday. **2 garbage bags** per household per week.

MAJOR GARBAGE: 1^{st} Wednesday of the month for Community core, and the 3^{rd} Wednesday of the month for the surrounding Community.

Contact Public Works at 604-796-2177 or email: publicworks@seabirdisland.ca

Sq'ép ~ meeting

DENTAL CLINIC

Accepting new STATUS PATIENTS

Open Monday through Thursday 8:30 AM – 5:30 PM **Closed Fridays**

Contact the Dental Clinic 604-796-6853.

MEDICAL CARDS

Need to apply for a new Medical Card because it was lost or stolen? We can assist you when applying for a new one.

Each client is responsible for paying for their Medical Cards. If they've been lost or stolen more than two times the cost is \$20 for each new card.

Please note, we do not assist with BC ID applications.

Contact Shawna Martin 604-796-2177

BABIES ID CARDS

Apply for a Medical Care Card as soon as possible. Contact Shawna Martin 604-796-2177.

Apply for Status Cards as soon as possible. Contact 604-796-2177.

AMBULANCE BILLS

Please submit ambulance bills as soon as you receive them. If the bill is more than 1 year old, ambulance costs will no longer be covered under the Non-Insured Health Benefits (NIHB). Anyone with a status number can have the ambulance paid for by Health Canada as long as it's not an ICBC claim.

We can only provide assistance to those with a status number.

Unfortunately, ambulance bills will not be covered if you were also incarcerated in jail. Ambulance billing will know if you were incarcerated based on the bill's address. Please do not bring these in as they will be denied and it will be the client's responsibility to pay.

Please note, if you were taken home by ambulance after a stay in the hospital, this will not be covered and it will be the client's responsibility to pay.

Contact Shawna Martin 604-796-2177.

WELLBRIETY MEETINGS

Every Tuesday night at 7:00 PM at the Stó:lō Tribal Council Boardroom, 2855 Chowat Rd.

AA in BC website: www.bcyukonaa.org

SQ'ÉWQEL FACEBOOK ACCOUNTS

Recommended to follow:

Sq'éwqel "Seabird Island Band"

https://www.facebook.com/ SeabirdIslandBand/

Seabird Island Youth Program

https://www.facebook.com/ SeabirdYouthGroup/

Seabird College

https://www.facebook.com/SeabirdCollege.

Seabird Island Community School

https://www.facebook.com/ SeabirdIslandCommunitySchool

Seabird Island Recreation

https://www.facebook.com/SeabirdRec/

Careers

https://www.facebook.com/ SeabirdIslandCareers/

OPTOMETRY CLINIC

Appointments Only: Feb 20-21

Recommended annual checkups for children under the age of 19 and every 2 years for ages 19-64. Elders 65+ can be seen annually.

Have a medical condition, such as diabetes, or taking high risk medicines? You can also be seen annually.

Contact Shawna Martin CHR at 604-796-2177 or

shawna.martin@seabirdisland.ca

WILD ANIMAL ALERT

Wild animals live here too.

By respecting the land and keeping the outdoors clean, you can reduce the risk of an encounter.

- Only put your garbage out the morning of garbage day.
- Discard fish guts (away from homes).
 - · Clean your barbecue.

Please keep an eye on your children and do not walk alone!

Clap loudly and make yourself big!

Educating ourselves and keeping a clean Community makes a difference!

If you have any further concerns or feel threatened by wild animals, first report it to the

Conservation Office at 1-877-952-7277

Second, contact the Seabird Communications Office at 604-796-2177 so we can post an "Alert" for your area.

RENEW STATUS CARD

Book a Status Card Appointment

Tuesday - Thursday: 8:30 AM - 4:30 PM

Appointments required.

Remember to bring:

- 2 pieces of photo Government ID
- New Photo (see Communications, appointment required)

New style Digital Status Card with photo

Contact Simone Jimmie 604-796-2177

Serving Seabird Members only! *SIB has the right to refuse service.*

ID Photography Prints

Status Card Photography

Laminated style: \$13.50

- Call Simone to book your appointment

Passport, PAL Photography and more

Authenticated photo: \$18.50

Monday - Friday: 8:30 ам - 3:00 рм **Appointments required.**

Contact Communications at 604-796-2177 or comm@seabirdisland.ca

SAVE THE DATE

ADULT/YOUTH SOCCER CANOE RACES FOOD/CRAFT VENDORS MORE DETAILS TO COME



MAY 24 -25, 2025

SEABIRD ISLAND

REGISTRATION NOW OPEN www.seabirdfestival.ca

FESTIVAL